FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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| OMB Number:              | 3235-0287 |
|--------------------------|-----------|
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| hours per response:      | 0.5       |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*     FRANK ELIZABETH F  (Last) (First) (Middle) |            |       | 2. Issuer Name and Ticker or Trading Symbol AMC ENTERTAINMENT HOLDINGS, INC. [ AMC ] | (Check    | ionship of Reporting Person(s) (all applicable) Director Officer (give title below) EVP & CHIEF CONTEN                                     | 10% Owner<br>Other (specify<br>below) |  |
|--|------------|-------|--|-----------|--|---------------------------------------|--|
| ONE AMC WAY<br>11500 ASH STREET  |            |       | 3. Date of Earliest Transaction (Month/Day/Year) 01/10/2022                          |           | EVF & CHIEF CONTEN   | IOFFICER                              |  |
| (Street) LEAWOOD   | KS (State) | 66211 | 4. If Amendment, Date of Original Filed (Month/Day/Year)                             | 6. Indivi | dividual or Joint/Group Filing (Check Applicable Line)  K Form filed by One Reporting Person  Form filed by More than One Reporting Person |                                       |  |
| (City) (State) (Zip)   |            |       |  |           |  |                                       |  |

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3)     | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transac<br>Code (I<br>8) |   | 4. Securities Ac<br>Disposed Of (D |               |         | Securities | Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|-------------------------------------|--|---|--------------------------------|---|------------------------------------|---------------|---------|------------|---|---|
|                                     |  |   | Code                           | v | Amount                             | (A) or<br>(D) | Price   | 3 and 4)   |   |   |
| Class A Common Stock <sup>(1)</sup> | 01/10/2022                                 |   | S                              |   | 46,165                             | D             | \$22.42 | 3,539(2)   | D   |   |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Code (Instr.<br>8) |   | Derivative |     | Expiration Date<br>(Month/Day/Year) |                    |       |                                  | Derivative<br>Security<br>(Instr. 5) | derivative Securities Beneficially Owned Following Reported | Ownership<br>Form:<br>Direct (D) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|--|---|---|--------------------|---|------------|-----|-------------------------------------|--------------------|-------|----------------------------------|--------------------------------------|---|----------------------------------|--|
|  |   |   | Code               | v | (A)        | (D) | Date<br>Exercisable                 | Expiration<br>Date | Title | Amount or<br>Number of<br>Shares |                                      | Transaction(s)<br>(Instr. 4)                                |                                  |  |

## Explanation of Responses:

- 1. The sale reported was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person more than 30 days prior to the transaction.
- 2. Does not include shares issuable upon future vesting of equity grants, including 88,096 shares issuable based upon continued service and 150,804 shares issuable upon attainment of performance goals at target, which, when combined with the ownership reported above, would represent a total of 242,439 shares.

/s/ Edwin F. Gladbach, Attorneyin-Fact 01/12/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.